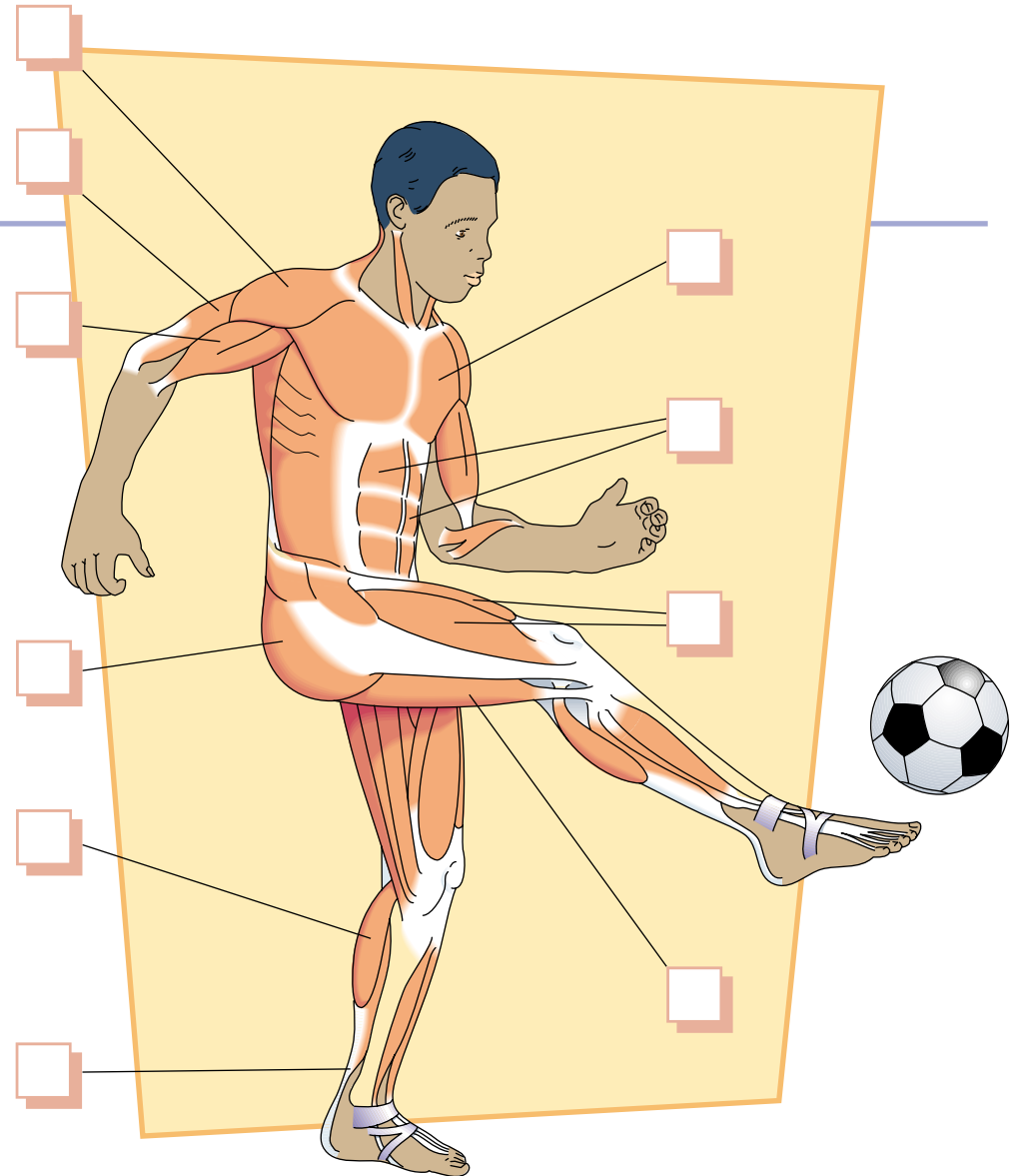


Review Exercise 7B

Complete the diagram by filling in the action label boxes on the superficial muscles of the body diagram of somebody kicking a football with the letter of the correct action from the list below.

- A Raises the arm away from the side (abduction).
- B Bends (flexes) the arm at the elbow joint.
- C Raises the body up onto the toes.
- D Bends (flexes) the leg at the knee.
- E Straightens (extends) thigh at the hip joint.
- F Straightens (extends) the arm at the elbow.
- G Flexes the trunk forward.
- H Straightens (extends) the leg at the knee.
- I Pulls outstretched arms together in front of body.
- J Transmits the power of the calf muscle to the foot.



● Total score out of a possible 10